

CURRICULUM VITAE

Stecco Carla, born the 16th of September 1977 in Arzignano.

Medical degree cum laude in 2002 at the Padua University.

Specialization cum laude in Orthopaedic surgery at the Padua University in January 2008.

From 2007 (1st of October) she has a position of Assistant Professor M-EDF/02 (Theory and Didactic of Motor Activity and Sport) at the University of Padova, Department of Human Anatomy and Physiology.

COLLABORATIONS:

2004-2005: Visiting scientist at the Institute of Anatomy of the University René Descartes in Paris (Prof. Delmas and Prof. Gagey) to study the macroscopic anatomy of the fascia of the upper limb.

2007: Visiting scientist at University of Burlington (Vermont, USA) at the "School of Neuroscience", (Prof. H. Langevin) to follow a research about the innervations of the thoracolumbar fascia in the mouse.

2010-2012: Teacher at the Summer School about fascia of the University of Ulm (Germany).

2011-2012: collaboration with the Touro University of New York (prof. R. Stern) and with the School of Medicine of New Jersey (Newark, USA; prof. T. Findley)

ACCADEMIC ROLES:

Holder of three courses at the Padova University: "Adapted sport activity" (32 hours), "Topographic anatomy" (40 hours) and "Methodology and didactic of the human movement" (40 hours).

SCIENTIFIC ACTIVITY:

Scientific activity devoted to the study of the anatomy of the human fasciae from a macroscopical, histological and physiopathological point of view. She personally made over 100 cadaver dissections for research.

Member of the Italian Society of Anatomy and Histology since 2007 and of the Association Française des Morphologistes since 2008. Member of the Editorial Board of the Surgical and Radiological Anatomy and of the Journal of Bodywork and Movement Therapies.

From 2000 she organizes and personally holds theoretical-practical courses about a new manual therapy (Fascial Manipulation) in different centres both public and private in Italy and in other European countries.

Author of more than 80 in extenso papers, among which 62 articles indexed. Coeditor of a monographic number about fasciae of the SARA (December 2011).

Author of one book (*Manipolazione fasciale*, Piccin, 2007), translated in English in 2009 (*Fascial Manipulation, practical part*, Piccin, 2009), in Spanish and Japanese in 2011.

She has published in the book "Integrated Rehabilitation of the rheumatic pathologies" by T. Nava (Masson ed., Milano, 2006) the chapter "Manipulation of the fascia in the extrarticular pathologies", and in the book "Fascia in Manual therapy" (Elsevier, March 2012) three chapters about the fascial anatomy.

She holds key lectures at numerous national and international congresses, the most important are:

- o presentation at the Harvard University di Boston (4-5 of October 2007), best Harvard award
- o symposium about fasciae at the International Congress of the anatomical Societies (16-19 of August 2010, Cape Town, Sud Africa)
- o workshop at the Second International Fascia Congress (Amsterdam, 27-20 October 2010)
- o Teacher at the Interdisciplinary Fascia Research Course (Ulm, 21-26 March 2010)
- o Organizer of the CadaverLabs at the University of Padova from 2010
- o Opening lecture at the first Italian Congress about fasciae (Roma, 7-8 October 2011)
- o Keynote speaker at the annual meeting of the Australian and New Zealand conference ANZACA (Dunedin, 8-10 December 2011)
- o workshop at the University of Physiotherapy of Tokyo (12 December 2011)
- o Keynote speaker at the Third International Fascia Congress (Vancouver, 27-30 March 2012)